

# Materials Request Sheet

- Please send me a copy of the "A Safe Place Information Packet and Materials" for our waiting area or lounge.

Also send me information on the following topics

- Elder Abuse
- Stalking
- Immigrants and Domestic Abuse
- Domestic Abuse and the Workplace
- Gay, Lesbian, Bisexual and Transgender Victims
- Men and Domestic Abuse
- Teen Dating Violence & Healthy Relationships
- Non-Physical Abuse in Relationships

Name: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip Code: \_\_\_\_\_

- Please contact me to schedule a training
- Please contact me to schedule an outreach programming
- Please contact me about getting involved in breaking the cycle of abuse through volunteering or donations.

Phone: \_\_\_\_\_

E-Mail: \_\_\_\_\_



## Mail Complete Form To:

A Safe Place  
6 Greenleaf Woods Ave., Suite 101  
Portsmouth, NH 03801

# Outreach Programs

Is your organization having a fair or expo? A Safe Place has many outreach materials that we can display at your fair. We have brochures that cover a wide variety of topics including...

- Safety Planning
- Elder Abuse
- Stalking
- Immigrants and Domestic Abuse
- Domestic Abuse and the Workplace
- Gay, Lesbian, Bisexual and Transgender Victims
- Men and Domestic Abuse
- Teen Dating Violence
- Healthy Relationships
- Non-Physical Abuse in Relationships
- The Cycle of Violence and the Power and Control Wheel
- Fact Sheets on Domestic Abuse, Teen Dating Violence, Domestic Abuse in the Workplace

Along with brochures on these topics we will share information about A Safe Place, our services and opportunities to get involved in breaking the cycle of abuse.

We will staff the table with 1 to 2 people to answer questions as well.

Call 436.4619 to schedule an outreach program

### Portsmouth

Hotline: 603.436.7924

Office: 603.436.4619

### Rochester

Hotline: 603.330.0214

### Salem

Hotline: 603.890.6392



# Education and Outreach



**a safe place**

Help us plant Seeds of Hope  
in your community



A Safe Place, a non-profit agency, has been providing support services and emergency shelter to victims of domestic abuse for over 29 years. Services include a 24-hour hotline, support groups, legal and social service advocacy, emergency shelter and community education. A Safe Place has offices in Portsmouth, Rochester and Salem.

We offer educational trainings and presentations to the communities in Strafford and Rockingham Counties.

Here is a brief description of what we offer.

## Parents of Teens

**Teen Dating Abuse: What every parent should know.**

**Estimated time: 1 Hour**

Research suggests that as many as 1 out of 4 teens will be in an abusive relationship. The increasing prevalence of dating abuse in teen relationships often comes as a shock to adults. This workshop will help parents to:

- Learn what red flags to be aware of with your teen's relationships
- How to support teens in hurtful relationships
- Know resources that are available for abused teens or abusive teens
- Receive lists of books, websites and films to learn more about the topic of teen dating abuse.

## Middle & High School Youth

**Categories: Love or Abuse? You decide!**  
**Estimated time: 1 Hour**

Tired of everyone telling you what to look for in a friendship or dating relationship? Are you wondering if it's time to start deciding for yourself what makes a good friend or true love, and what are the signs of relationship disaster? This interactive workshop includes an activity for teens to explore these issues.

**Media Images: What makes a "real" man or woman?**

**Estimated time: 1 hour**

What do images of guys and girls in ads tell YOU about what a "real man" or "real woman" should be? This fun interactive workshop for teens explores how ads affect how we feel about ourselves and dating partners. What do girls and guys *really* want from someone they date? Join us to find out!

# Scheduling a Presentation

To schedule a training please contact 603.436.4619. To help meet the needs of the community, we ask that you scheduling us at least 2 weeks in advance.

*Honorariums:* We do not charge for our presentations. We do accept honorariums in any amount that is comfortable for your organization.

## Community Members

**Domestic Abuse & the Cycle of Violence**

**Estimated time: 1—1 1/2 Hours**

What is domestic abuse and how does it impact my community. During this training we will talk about the facts and challenge the myths around domestic abuse. We will also talk about what you can do to support friends, family members and colleagues who have experienced domestic abuse.

**Additional Topics**

- Impact of Domestic Abuse on Children
- Routine Screening for Medial Professionals (including Veterinarians)
- Domestic Abuse in the Workplace
- Domestic Abuse 101 for Law Enforcement

**PERSONALIZE OUR TRAININGS**

We will personalize our training to meet the needs of your group. Please call to discuss personalizing our training and how we can support your group.